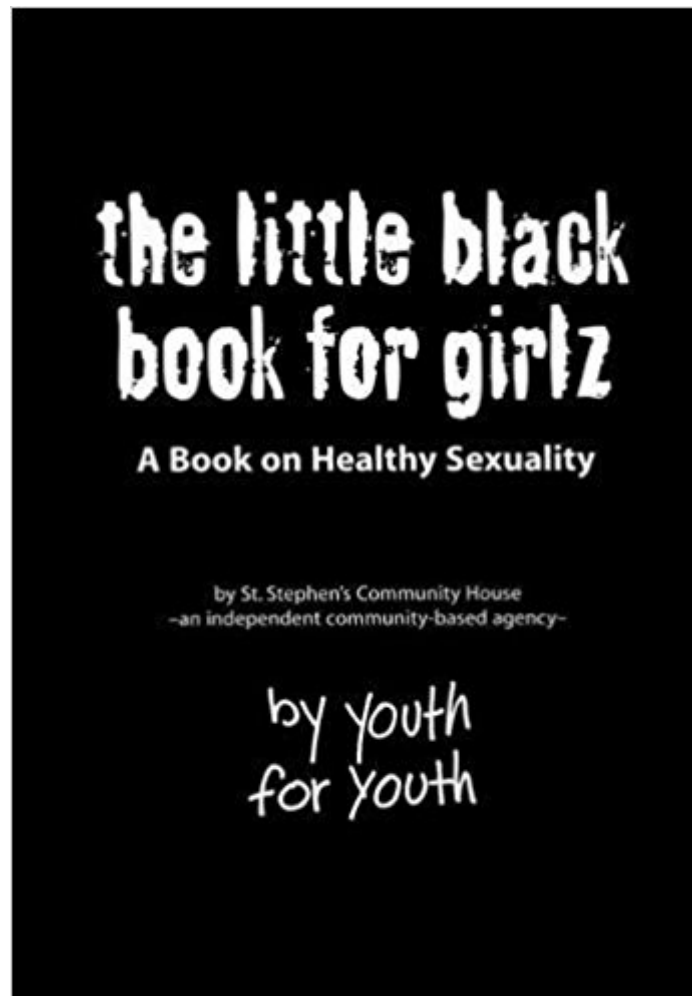




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# The Little Black Book For Girlz: A Book On Healthy Sexuality



## Synopsis

Check it out: not just a book about sex, but a look at girl culture by youth themselves. No stuffy school textbook. No nosey adults. Just a diverse group of teen girls from a community youth project who had questions about sexuality. To find answers, they collected stories, poetry, and artwork from other youth. They also interviewed frontline health experts to get solid facts about the stuff young women have to deal with. It's a great mix of real-life examples and life-saving info. Topics include: Relationships; Periods; Sex; Birth control; Pregnancy; Sexually Transmitted Infections / AIDS; Sexual assault. Everything has been vetted by doctors, and the book is endorsed by health professionals, so you know you're getting good info. There's also a section at the back with places you can contact to find out more. It's all stuff that youth need to know, and it's all decked out in a compact, easy-to-browse magazine style. The Little Black Book for Girlz is a super-important, take-anywhere empowerment guide for girls. Don't leave your teen years without it.

## Book Information

Paperback: 208 pages

Publisher: Annick Press (September 1, 2006)

Language: English

ISBN-10: 1550379542

ISBN-13: 978-1550379549

Product Dimensions: 5.8 x 0.5 x 8.1 inches

Shipping Weight: 0.8 ounces (View shipping rates and policies)

Average Customer Review: 3.4 out of 5 stars 15 customer reviews

Best Sellers Rank: #694,516 in Books (See Top 100 in Books) #32 in Books > Teens >

Personal Health > Sexuality & Pregnancy #100 in Books > Teens > Social Issues > Being a Teen #135 in Books > Teens > Social Issues > Dating & Intimacy

## Customer Reviews

Passionate, open, and honest... It is highly recommended book for public library teen spaces and progressive high schools. (Angela Carstensen VOYA)The Little Black Book for Guys is a light-hearted and down-to-earth guide to a topic of vital importance to most male teens, written in language they can relate to. The potentially dry medical terms are related with concise with.. Best of all, the advice offered never fails to emphasize the importance of communication and respect. Purchasing this book would be a smart decision. (Julie Faulkner ForeWord 2009-01-01)ALA

Popular Paperbacks for Young Adults (American Library Association) New York Public Library's  
Books for the Teen Age (New York Public Library)

St. Stephen's Community House is a community-based social service agency in Toronto that assists more than 23,000 people each year. Its self published edition on which this book is based has been used by educators and social workers across North America.

Although the content of this book is good I wish the quality of the material was higher. The paper is thin and can easily be damaged, stuff like that. But all in all this is a fantastic book, and I used it as a source for a research paper I was writing.

Perfect book for young girls, good for daughters if that awkward convo is a little much for you. I read it as a young girl and I'm now passing it on to me 16 yearold Niece

And even the 12 year old had heard, seen, tried, or knew people from each and every section of this book. Look, this stuff is real, and is on TV and in the schools already. The situations and issues are already a part of these kids lives. If you think you are protecting a child by keeping them ignorant than you have no one to blame but yourself when the kids make bad decisions based on half truths and the crap their peers tell them. Good parenting means explaining the world to these kids before they make irreparable damage to themselves or their lives.

Ok, here we go. First things first however. There are many "reviewers" making claims that this book is: "perversion", the "author is Satan", "infants should be introduced to sexual pleasure", (an outright lie) "humanist propaganda", etc., etc. In reality, none of it is true, and NONE of them read the book. None! The above is merely the Religious Right ranting about a book that deals with sex. As John Adams said, "Accustom a people to believe that priests and clergy can forgive sins... and you will have sins in abundance." If on the other hand, you are an enlightened and open-minded individual, you will find this book a cornucopia of relevant sexual information that was written by teen-aged girls, for teen-aged girls. "Infants" need not apply (heh). The book contains subjects on "relationships", periods", "sex", "STi's" (STD's), "sexual assault", "birth control", "abstinence" (one of those dreaded "perversions" I assume). I could go on and on as to the information in this book. Suffice it to say, the information found in the "The little black book for girlz" will arm teenagers with pertinent information involving sexuality and safety from disease, if they decide to engage in such

activity. The back of the book has a resource section that is quite extensive, as well as a decent glossary. I recommend this book to teen-aged girls (and boys for that matter) who want to address all of those feelings everyone had when they were that age. The true perversion, is in not teaching children about human sexuality. Knowledge is power.

Girls are really going to understand this book because it is written by girls. There are a lot of negative comments written on about this book, but if you look at the dates of those comments they all fall in the same couple of days. It was just a ploy to give this book a low rating and discourage sales. This book is a good book to help a young girl understand what is happening to her body and any questions she might have.

this book adressed many issues and should be read by all young girls with questions. especially at a time when talking about sex in a positive way and introducing sex and sexual relationships properly is so important. sadly not many people, that i know of at least, get down to the bare bones of sex and sexual relationships with young girls and alot of these girls are left with no one but their peers to talk to about the issues they are stuggling with in their lives, both sexual and with relationships. parents may not readily discuss their child's sex life in a positive light, or at all to their child, leaving the media and their peers to educate them (because lets be honest, they don't learn anything in school other than the basic biology, which won't help them physically or emotionally). how are the young girls of today supposed to know how to react to certain situations if they have no knowledge of possible ways to act. people were meant to have sex, there won't be any stopping of that, but we can provide our girls with the knowledge of safe sex and healthy relationships.in some other reviews i was reading, some people didn't like this book because it promoted homosexuality. i would like to say that this is not true. just because homosexuality is mentioned in a book about sexuality doesn't mean that homosexuality is being forced upon a child. what discussing homosexuality does is #1, includes homosexuals in the education process, because no one deserves to be abused, and #2 it (hopefully not for the first time) introduces homosexuality to those who are heterosexual and will perhaps allow them to not fear homosexuality, but embrace the people that are homosexuals, for there is no difference between hetero and homosexuals, except to whom they give their love.

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